

# Breakthrough Call

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[sarahpittendrigh.com](http://sarahpittendrigh.com)

*Inspirational Speaker and  
Life and Business Mentor to  
Women in Business.*

# Sarah Pittendrigh

**I'm Sarah Pittendrigh, a proud mum, a multi-award winning entrepreneur and franchisor, and an Ambassador for Everywoman.**

In my role as a Life & Business Coach I work with Female Entrepreneurs and executives who need support to get unstuck and identify and overcome any self-limiting beliefs that may be holding them back from pushing their meaningful goals over the line.

Using my 25 years experience in business as a multiple founder and high performing entrepreneur, I help my clients to reconnect with their why, their self-confidence, get back on "their to do list", build a growth mindset and write a strategic plan that will bring their goals to them without causing overwhelm.



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**Have you got a challenge you are trying to breakthrough, and you're sat feeling alone, stuck with only your whirring thoughts for company.**



You may have an opportunity you wish to consider and would like to brainstorm it through with an experienced entrepreneur who has walked the talk.



You may just need a confidential ear to let off some steam, to share how you are really feeling when the complexities of running a business and juggling life becomes overwhelming? You may just like some support!



On this 2 hour call, take the opportunity to lean on my extensive knowledge and experience harvested through the decades as a mum and serial entrepreneur.

Put me in the hot seat and I will help you to accelerate through the challenge, allowing you to leave our call with clarity and confidence to positively move forward.

# What's included in the call:

- ✓ 2 hour 121 video coaching call.
- ✓ Breakthrough a current challenge or opportunity you are facing.
- ✓ Put an end to the endless, exhausting whirring and worrying thoughts.
- ✓ Use my hindsight as your foresight - put me in the driving seat of your problem to help you breakthrough.
- ✓ Think out loud, brainstorm to generate ideas and be fully supported within an experienced, safe and confidential environment.



**In 2 hours we can brainstorm together within a safe and confidential environment on video call.**

**£395 - Contact to Book**

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